## THE <br> SPENCER

## MEET|NGS \& EVENTS D|N|NGOPT|ONS

# WAKE ME UP 

Served from 7-II am

## HEALTHY BREAKFAST BUFFET

$€ 19.00$ per person<br>(minimum of 5 people)

Fresh fruit skewers \& granola ( $1,5,8$ )
Mixed berry compote \& natural yoghurt (7)
Orange juice
Brown soda bread and preserves (I)
Served with freshly brewed tea \& coffee

## CONTINENTAL BREAKFAST BUFFET

$€ 21.00$ per person
(minimum of 5 people)

Orange and apple juice
Selection of cereals \& mini pastries (I)
Selection of cheese, cold meats (7)
Fruit platter, fresh fruit salad \& granola ( $1,5,8$ )
Brown soda bread and preserves (I)
Served with freshly brewed tea \& coffee

## SPENCER BREAKFAST BAPS

$€ 15.80$ per person
Warm bap with fried egg, sausage \& smoked bacon

## REFRESHMENT BREAKS

We offer a vast selection of intriguing, decadent and sometimes healthy tea breaks to suit your every requirement. If any of your delegates have particular dietary requirements, we would be delighted to ensure these are fulfilled.

## PICK ME UP

## REFRESHMENTS

(minimum of 5 people)
Orange juice €3.50 per person

Freshly brewed Bewley's tea \& coffee
$€ 5.25$ per person

## BREAKS \& SWEET TREATS

Tea/coffee \& biscuits ( $1,3,7,8$ )
Tea/coffee \& chocolate brownie( $1,3,7$ )
Tea/coffee \& selection of cookies $(1,7)$
Tea/coffee with blueberry \& chocolate muffins ( $1,3,7,8$ )
Tea/coffee \& mini pastry selection (1,3,7)
Tea/coffee \& scones with clotted cream \& strawberry jam
Tea/coffee \& afternoon delights

- Petit fours assortment (1,3,7)
- Vegan pistachio carrot cake $(1,8)$


## HEALTHY TREATS

Fresh fruit skewers
Fruit salad \& natural yoghurt
Granola pots $(1,7,8)$
Whole fruit bowl
$€ 5.75$ per person
$€ 6.30$ per person
€ 21.00 per bowl

## MEETING ROOM MENU GOURMET SANDWICHES

$€ \mid 6.25$ per person for 3 items
(minimum of 5 people)
Please make your selection from the below items:

- Roast chicken fillets with vine tomatoes, rocket and basil mayo on multi-seeded sandwich bread (I,7,9,I0)
- Honey mustard baked ham with romaine cos, vine tomatoes, mature red cheddar and English mustard aioli in whole grain bloomer bread ( $1,3,7,10$ )
- Mediterranean veg mozzarella wrap
- Smoked paprika egg salad with pickled cucumber and baby gem served in a brioche burger bun $(1,3)$
- Cajun chicken salad with red cabbage slaw on a ciabatta bread (I,3,I0)
- Tuna sweet corn salad with roasted red sweet bell peppers in a sun-dried tomato wrap (wheat, 3,4)
- With healthy soup $€ 20.00$ per person dairy \& gluten free


## HEALTHY SALADS

$€ 16.75$ per person for 2 items
(minimum of 5 people)
Please make your selection from the below items:

- Pulled Pork Salad - spinach, pineapple, mixed seeds \& sweet chili pulled pork (II)
- Super Salad - spinach, apples, rocket, orange segments, almonds, dried cranberries, chicken breast \& lemon \& thyme dressing (8, almond)
- Healthy Cajun Caesar Salad - mixed lettuce, chorizo, croûtons, cajun chicken breast \& low fat yogurt dressing $(1,7)$
- Caprese Salad - mixed leaf salad with basil pesto, vine heirloom tomatoes and mozzarella drizzled with balsamic reduction 7,8 ( Pine Nuts), 12
- Greek Salad (v) - mixed leaves, olives, sun dried tomatoes, feta, red onion \& walnuts $(7,8)$


## ACCOMPANIMENTS

- Skinny fries $€ 5.80$ per person
- Sweet potato fries $€ 6.00$ per person


# BUFFET LUNCH MENU EUROPEAN BUFFET 

€ 38.00 per person<br>(minimum numbers of 20)

Please choose 2 mains, 2 sides and 2 desserts

## MAINS

Panko breaded pork chops with baby sweet corn (I,3,I 0) Tandoori salmon with riata yogurt( $1,4,7,9,10$ ) Lime and coriander chicken supreme with wilted greens and ginger aioli $(3,7)$

Baked cod topped with herbs and lemon crumb pillow Creamy wild mushroom and tarragon penne pasta (1,3,7)

## ACCOMPANIED BY

Steamed basmati rice
Mediterranean roasted vegetables
Roast herb garlic baby potatoes
Selection of gourmet salads

## FOLLOWED BY

## CHEFS SELECTION OF DESSERTS

Guinness mousse
Raspberry cheesecake
Vegan carrot \& pistachio cake
Chocolate brownie

Freshly brewed tea or coffee

# BUFFET LUNCH MENU MEDITERRANEAN BUFFET 

€39.00 per person<br>(minimum numbers of 20)

## MAINS

Selection of European cheese (7)<br>Prosciutto, chorizo, green pepper salami slices<br>Selection of bite size quiches ( $1,3,4,7$ )<br>Spiced cumin hummus (II)<br>Sun-dried tomato and basil pesto (8, pine nuts, 7)<br>Roasted red pepper and tomato chutney<br>Seasonal fruit platter<br>Selection of breads (I,3,7)<br>Mixed olives with roasted vegetables (12)<br>Mediterranean salad with penne<br>Rocket salad with olives, sun-dried tomatoes and parmesan (7)<br>Cold potato and ham salad (IO)

## FOLLOWED BY

Freshly brewed tea or coffee

## BUFFET DINNER MENU

## $€ 47.50$ per person 2 courses / $€ 5$ I. 50 per person 3 courses (minimum numbers of 20 )

Please choose 2 mains, 2 sides and 2 desserts

## STARTER

Smoked salmon
Roast vegetables and mozzarella skewers
Selection of meats \& cheeses

## MAINS

Mild Thai chicken curry in coconut sauce garnished with Asian style vegetables

Beef stroganoff (7)
Slow cooked Russian beef stew

Pork cutlet
In mustard and pink peppercorn sauce
Baked cod
topped with herbs and lemon crumb pillow

Mediterranean vegetable and feta penne bake (I,3,7)

## ACCOMPANIED BY

Potatoes with mozzarella gratin
Basmati rice lime flavoured Roasted carrots and parsnips in honey

## FOLLOWED BY

Guinness mousse
Raspberry cheesecake
Vegan carrot \& pistachio cake
Chocolate brownie

Freshly brewed tea or coffee

## 2-COURSE LUNCH MENU

€39.90 per person

STARTER<br>Honey Roasted Root Veg Soup<br>Served with homemade brown bread<br>Smoked Chicken Caesar Salad<br>Croutons, bacon and parmesan shavings<br>Crispy pork Croquettes<br>Served with cold apple sauce and side salad

## MAINS

## Grilled Fillets of Sea Bass

Served on crushed baby potatoes and smoked bacon flavoured French beans garnished with caper and tomato salsa

## Pan-fried Chicken Supreme

 Served on bed of barley risotto and honey glazed carrotsBaked Aubergines
Served with mixed beans salad and tomato sauce
(Vegan/Vegetarian option)

# 3-COURSE LUNCH MENU 

$€ 47.25$ per person

STARTER<br>Honey Roasted Root Veg Soup<br>Served with homemade brown bread<br>Smoked Chicken Caesar Salad<br>Croutons, bacon and parmesan shavings<br>Crispy pork Croquettes<br>Served with cold apple sauce and side salad

## MAINS

## Grilled Fillets of Sea Bass

Served on crushed baby potatoes and smoked bacon flavoured French beans garnished
with caper and tomato salsa

## Pan-fried Chicken Supreme

Served on bed of barley risotto and honey glazed carrots

> Baked Aubergines
> Served with mixed beans salad and tomato sauce
> $($ Vegan/Vegetarian option $)$

## DESSERT

Assiettes of Desserts
Mini Guinness mousse, mini raspberry cheese cake \& chocolate brownie cube

# 2-COURSE DINNER MENU <br> $€ 45.00$ per person 

## MAINS

IO oz Sirloin Steak
Served with noodles, vegetables and flavored with ginger\&teriyaki sauce (8* Euro supplement charge)

Grilled Fillets of Hake
Served on stir-fried vegetables and bed of rice

Pan-fried Chicken Supreme

Served on bed of barley risotto and honey glazed carrots

Baked Aubergines<br>Served with mixed beans salad and tomato sauce (Vegan/Vegetarian option)

## DESSERT

## Assiettes of Desserts

Mini Guinness mousse, mini raspberry cheese cake \& chocolate brownie cube

# 3-COURSE DINNER MENU <br> $€ 52.00$ per person 

## STARTER

Honey Roasted Root Veg Soup
Served with homemade brown bread
Smoked Chicken Caesar Salad
Croutons, bacon and parmesan shavings

## Crispy Pork Croquettes

Served with cold apple sauce and side salad

## MAINS

10 oz Sirloin Steak
Served with noodles, vegetables and flavored with ginger \& teriyaki sauce (8* Euro supplement charge)

## Grilled Filletsof Hake

Served on stir-fried vegetables and bed of rice

## Pan-fried Chicken Supreme

Served on bed of barley risotto and honey glazed carrots

Baked Aubergines<br>Served with mixed beans salad and tomato sauce (Vegan/Vegetarian option)

## DESSERT

## Assiettes of Desserts

Mini Guinness mousse, mini raspberry cheese cake \& chocolate brownie cube

## FINGER FOOD OPTIONS

3 Items $€ 15.00$ per person<br>5 Items $€ 18.00$ per person<br>(minimum numbers of 10 )<br>*2 pieces of each item chosen will be served

Chicken satay skewers (5)

Beef sliders with relish $(1,7)$

Louisiana chicken wings (7)

Beef teriyaki skewers $(1,6)$

Tandoori chicken kebabs (I,9,I 0)

Selection of vegetarian quiches(1,3,7)

Veg spring rolls - Cantonese style (I)

Pizza crostini $(1,7)$

Mini pulled pork burgers (I,IO)

Chilli marinated prawn skewers $(1,2)$

